



WE HEALTH
CLINIC

32 E 1st St. Ste 300, Duluth, MN 55802
218-727-3352
www.wehealthclinic.org

Name: _____
DOB: _____ Age: _____
Date: _____

CONSENT FOR MEDICATION ABORTION
ABORTION WITH MIFEPRISTONE AND MISOPROSTOL

What is the abortion pill and how do I take it?

“Abortion pill” is a popular name for a medicine called mifepristone (Mifeprex® is the brand name). It is the first pill you will take to end your pregnancy. Pregnancy needs a hormone called progesterone to grow normally. Mifepristone blocks the body’s own progesterone, causing the pregnancy to end.

After you take the abortion pill, you will take a second medication at home called misoprostol. It opens the cervix and makes the uterus contract. This empties the uterus and completes the process. The whole process is called medication abortion.

Before you have an abortion, you need to know the most common benefits, risks, side effects, emotional reactions, and other choices you have. We are happy to answer any questions you have.

What are the benefits of the abortion pill?

Using the abortion pill together with misoprostol is safe and effective.

How well does the abortion pill work?

It depends how far along you are in the pregnancy.

8 weeks or less	About 98 out of 100 times
From 8 to 9 weeks	About 96 out of 100 times
From 9 to 10 weeks	About 93 out of 100 times

What are the side effects of the abortion pill?

Side effects usually do not last long.

- **Cramping is expected**—It will be most severe after you take the misoprostol. Milder cramps may last a day or two after that.
- **Bleeding is expected**—It will be heaviest soon after taking the misoprostol. You may bleed or spot for 4 to 6 weeks after the abortion.
- **Fever**—Having a temperature of 99-100°F is okay. It should only last a short time.
- **Other**—It is common to have diarrhea, nausea, vomiting, chills, headache, dizziness, back pain, and tiredness. They usually lighten up three days after the abortion and usually stop within two weeks.

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What feelings do people have after abortion?

Having a wide range of feelings is normal. Most people feel relieved and do not regret their decision. Others may feel sad, guilty, or regret after an abortion, just as they may after having a baby. If your mood keeps you from doing the things you usually do each day, call us. We can help or refer you to someone who can.

Besides abortion, what other choices do I have?

If you are pregnant, you have three options to think about—abortion, adoption, and parenting. If you choose abortion, you may have an in-clinic suction abortion or a medication abortion at WHC, now or later in your pregnancy. There are more risks the longer you wait to have an abortion. We can talk about any of these options with you, and help you with whatever you decide to do.

What are the risks of the abortion pill?

Using the abortion pill together with misoprostol is very safe. However, there are risks with *any* medical procedure. Your risk may be higher if you are not healthy.

Risks linked with the abortion pill are:

- **The pregnancy doesn't end**—Sometimes the medications do not end the pregnancy. These medications may cause serious birth defects. You may need to take additional medications or have a suction abortion in the clinic if the pregnancy continues.
- **Incomplete abortion**—This means some of the pregnancy tissue may be left inside the uterus. This may lead to heavy bleeding, infection, or both. If this happens, you may need a suction abortion in a clinic or a hospital. Other tests or treatments may be needed.
- **Blood clots in the uterus**—Clots may cause cramping and abdominal pain. You may need a suction procedure or other medications if that happens.
- **Bleeding too much or too long**—This may require treatment with medication, a suction procedure, or a blood transfusion.
- **Infection of the uterus**—Most infections can be found and treated with medication. There is a small chance that you may need a suction procedure. You may have to go to the hospital or even have surgery to treat the infection.
- **Allergic reaction**—Some people are allergic to the medications that are used.
- **Death**—Death from medication abortion is very rare. The risk of death from a full-term pregnancy and childbirth is much greater.

What are the warning signs of a problem?

CALL WE Health Clinic RIGHT AWAY IF YOU HAVE:

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- **Abdominal pain**—This includes feeling sick, being weak, having nausea or diarrhea, or should not last longer than 24 hours after you take the second medication. Call WHC right away if they do. Any one of these symptoms may be a sign of a serious infection or another problem, like ectopic pregnancy (that is a pregnancy that grows outside the uterus).
- **Heavy bleeding**—Call WHC right away if you soak through two (2) thick, full-size sanitary pads every hour for two (2) hours in a row, or call us if you think your bleeding is too heavy. One out of every 100 people will bleed so much that they need a surgical or suction procedure to stop it.

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- **Fever**—Call WHC right away if you have a fever of 100.4°F or more, if it lasts for four (4) hours, or if it occurs in the days following the use of the second medication (misoprostol). This can be a sign of serious infection, or another problem, like ectopic pregnancy.

What else do I need to know?

We will give you instructions on how to take care of yourself during the abortion. We will make an appointment for you to return to WHC for a follow-up visit.

Abortion is very safe and effective, however no guarantee can be made about the outcome of your abortion. In the unlikely event that you need emergency medical care that cannot be provided at WHC, you will be responsible for paying for it. This is the case even if WHC sends you to another doctor or hospital because of a problem.

Emergency Contact

In the event of an emergency we need a person to contact who can be reached by phone today. Please list your emergency contact below:

Name: _____

Relationship to patient: _____ Aware of abortion procedure: ___YES ___NO

Cell phone number: _(_____) _____ Telephone Number: _(_____) _____

Is this person here with you today? ___YES ___NO If no, who is here? _____

There is more information that you need to know, please read and initial the following statements:

_____ I am aware of the Notice of Privacy Practices as required by the Federal Health Insurance Portability and Accountability Act (HIPPA) and have been provided an opportunity to review it.

_____ I am aware that WHC, in compliance with the Tenneson Warning, will report to Minnesota Department of Health (MDH) if I test positive for a sexually transmitted infection or other communicable disease and that I may be contacted by MDH

_____ I understand that staff of WHC are mandated reporters. The exceptions to my full confidentiality are if I threaten to harm myself or someone else, if there is abuse of a child or vulnerable adult, or court ordered subpoenas.

_____ I agree to follow up in seven (7) to ten (10) days to confirm that the abortion is complete or sooner if the physician requires. If I miss my required follow-up appointment, I agree that WE Health Clinic staff will contact me via phone and/or mail to offer another follow-up time for either blood work or ultrasound.

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**Your health is important to us. If you have any questions or concerns please call us at 218-727-3352.
We are happy to help you.**

****DO NOT SIGN BELOW UNTIL YOU HAVE DISCUSSED THIS FORM WITH A STAFF MEMBER ****

I have read this form, understand its contents, and have had an opportunity to have all questions answered.

I voluntarily choose to proceed with the medication abortion at WE Health Clinic.

Signature of Patient: _____ Date: _____

I certify that the patient received this information. The patient has read this form, understands its contents, and has had an opportunity to have all questions answered.

Staff Witness Signature: _____ Date: _____

Physician Name: _____

Physician Signature: _____ Date: _____

Healthcare Providers: *Counsel the patient on the risks of Mifeprex[®]. Both you and the patient must sign this form.*

Patient Agreement:

1. I have decided to take Mifeprex and misoprostol to end my pregnancy and will follow my provider's advice about when to take each drug and what to do in an emergency.
2. I understand:
 - a. I will take Mifeprex on Day 1.
 - b. My provider will either give me or prescribe for me the misoprostol tablets, which I will take 24 to 48 hours after I take Mifeprex.
3. My healthcare provider has talked with me about the risks including:
 - heavy bleeding
 - infection
 - ectopic pregnancy (a pregnancy outside the womb)
4. I will contact the clinic/office right away if in the days after treatment I have:
 - a fever of 100.4°F or higher that lasts for more than four hours
 - severe stomach area (abdominal) pain
 - heavy bleeding (soaking through two thick full-size sanitary pads per hour for two hours in a row)
 - stomach pain or discomfort, or I am "feeling sick", including weakness, nausea, vomiting, or diarrhea, more than 24 hours after taking misoprostol
5. My healthcare provider has told me that these symptoms could require emergency care. If I cannot reach the clinic or office right away my healthcare provider has told me who to call and what to do.
6. I should follow up with my healthcare provider about 7 to 14 days after I take Mifeprex to be sure that my pregnancy has ended and that I am well.
7. I know that, in some cases, the treatment will not work. This happens in about 2 to 7 out of 100 women who use this treatment. If my pregnancy continues after treatment with Mifeprex and misoprostol, I will talk with my provider about a surgical procedure to end my pregnancy.
8. If I need a surgical procedure because the medicines did not end my pregnancy or to stop heavy bleeding, my healthcare provider has told me whether they will do the procedure or refer me to another healthcare provider who will.
9. I have the MEDICATION GUIDE for Mifeprex. I will take it with me if I visit an emergency room or a healthcare provider who did not give me Mifeprex so that they will understand that I am having a medical abortion with Mifeprex.
10. My healthcare provider has answered all my questions.

Patient Signature: _____ **Patient Name (print):** _____ **Date:** _____

The patient signed the PATIENT AGREEMENT in my presence after I counseled her and answered all her questions. I have given her the MEDICATION GUIDE for Mifeprex.

Provider's Signature: _____ **Name of Provider (print):** _____ **Date:** _____

After the patient and the provider sign this PATIENT AGREEMENT, give 1 copy to the patient before she leaves the office and put 1 copy in her medical record.

THE HISTORY OF THE UNITED STATES

The first part of the history of the United States is the period of discovery and settlement. It begins with the arrival of Christopher Columbus in 1492 and continues through the early years of the 17th century.

The second part of the history is the period of the American Revolution. It begins with the signing of the Declaration of Independence in 1776 and ends with the signing of the Constitution in 1787.

The third part of the history is the period of the early republic. It begins with the signing of the Constitution in 1787 and ends with the beginning of the Civil War in 1861.

The fourth part of the history is the period of the Civil War. It begins with the outbreak of the war in 1861 and ends with the signing of the Emancipation Proclamation in 1863.

The fifth part of the history is the period of Reconstruction. It begins with the end of the Civil War in 1865 and ends with the beginning of the Gilded Age in 1877.

The sixth part of the history is the period of the Gilded Age. It begins with the beginning of the Gilded Age in 1877 and ends with the beginning of the Progressive Era in 1900.

The seventh part of the history is the period of the Progressive Era. It begins with the beginning of the Progressive Era in 1900 and ends with the beginning of the New Deal in 1933.

The eighth part of the history is the period of the New Deal. It begins with the beginning of the New Deal in 1933 and ends with the beginning of World War II in 1941.

The ninth part of the history is the period of World War II. It begins with the beginning of World War II in 1941 and ends with the end of the war in 1945.

The tenth part of the history is the period of the Cold War. It begins with the end of World War II in 1945 and ends with the end of the Cold War in 1991.

The eleventh part of the history is the period of the post-Cold War era. It begins with the end of the Cold War in 1991 and continues to the present day.